is pleased to present a new way to enjoy your life experience in Italy:

course + trip

(you can also just attend the course, or a few classes, or you can just enjoy the trip)

Discover Liguria and its people

The course: In our Bethesda location, you will enjoy a taste of Liguria’s history, nature, art, literature, music, food and wine. The course will be in Italian (with some English translation when necessary). The material will be both in Italian and in English (upon request). No grammar will be covered.

The Instructor: Carlo Ellena, ICS teacher and Board Member is from Savona. He teaches several cultural classes for the ILP, and he is now pleased to share with you the secrets of his region, with the usual passion and wit.

When: 5 Tuesdays: May 27; June 3, 10, 17, 24 at 6:30pm – 8:30 pm


Register for the Course.

The trip: “To the resolutely Eurocentric travelers of old, the Mediterranean was the cradle of Western civilization, a source of inspiration. Liguria’s twin Rivieras – Levante in the east, Ponente in the west – were its quintessence.” – David Downie, Enchanted Liguria.

An untouched corner of Italy, Liguria known as The Italian Riviera is the right place for experiencing the authentic Italian living. Liguria is a narrow land squeezed between the mountains and the sea with mild climate, breathtaking views, spectacular cliffs, small fishing villages with tall and slender houses in vivacious colors, secluded bays and hidden art treasures. This is the perfect place to live the Italian “dolce vita” and immerse yourself with its untouched traditions, discover the tastes and scent of an extraordinary cuisine, meet real locals. Experiencing Liguria is outside of the conventional schemes! As a native of this land we are proud to welcome you. Genoa, the city with Europe’s largest historical center protected by Unesco, is the perfect home base from which you can visit the beautiful Italian Riviera!
The Italian Riviera extends in one direction from France to Genoa along the “Riviera di Ponente” which is home to small untouched and precious villages that are part of “The Most Beautiful Villages in Italy” list. Each town has a story and local people ready to tell it. Wine and olive oil is the quintessence of this part of Liguria. Undiscovered towns and sea resort with something magical that will touch your heart! Up to the Tuscany Border there’s the “Riviera di Levante”, home to the stunning and colored villages of Cinque Terre and Portofino, but also to places you have never known and that have an authentic appeal such as Camogli, Lerici, Tellaro, Sarzana, just to name a few! Liguria is just bringing back home a real part of Italy, charming and undiscovered by the mass tourism at the same time!

**We offer two options for the trip: one of 10 days and one of 7 days.**

**Both trips are organized by Beautiful Liguria. Learn more about our accommodations.**

**10 Days Trip Cost:** € 3,300 per person (everything included except tips and the flight).

**7 Days Trip Cost:** € 2,300 per person (everything included except tips and the flight).

**When:** Beginning of September and other dates TBD

**Important:** Please note that the cost is in Euros, not US dollars.

**Lesson Plan**

**First lesson (ICS):** General introduction to the course. The geography and climate of Liguria. Where do Ligurian people come from? Food and wine of Liguria.

**Second lesson (ICS):** The Republic of Genoa: el Siglo de los Genoveses, the fight with Pisa, the battle of Meloria, Francesco Grimaldi nicknamed Malizia, the fight with the French and the Kingdom of Italy.

**In Liguria:** Piazza del Campo (Genova), Via Garibaldi, Via Balbi (Genova), Palazzo Reale, Finalborgo (Savona).

**Third lesson (ICS):** Genoa at the Crusades. Pirates, Bankers, Merchants and Pilgrims.

**In Liguria:** La Commenda di Prè (Genova).

**Fourth lesson (ICS):** Andrea Doria: early life, the Palace of the Prince, the conspiracy of the Fieschi family, the conspiracy of Giulio Cybo and the death. The Doria today.

**In Liguria:** Il Palazzo del Principe (Genova), Palazzo Doria in Piazza S. Matteo (Genova), Il Castello dei Doria (Dolceacqua).
**Fifth lesson (ICS):** Liguria in the 18th and 19th century. English Villas, Casinos and high life.

**In Liguria:** Villa Hambury (Ventimiglia), Ville Inglesi (Bordighera), Portofino.

**Materials**

Printed presentation provided by the teacher. Audio and video material including actual interviews.

**10 Days Trip: 10 Days to Discover the Italian Riviera**

**Day 1**

Arrival at Nice-Cote D'Azur airport. Private transfer from Nice Airport to your accommodation in Apricale village, Imperia (about 1 hour).

Check-in to your accommodation and meeting with BeautifulLiguria insider who will welcome you to the Italian Riviera.

Brief tour of Dolceacqua and Apricale historical villages: unspoiled village where you will feel like you've stepped back in time. Not a place all spruced-up for tourists, this IS authentic! Dolceacqua village with the very impressive ruins of the Doria castle perched high on top of the hill and the famous stone bridge Ponte Romano immortalized by Monet in one of his paintings will enchant you. During your visit, you will taste local products and Rossese Doc wine. Apricale is a “rocky village” perched on the edge of a mountaintop, with views towards both the Mediterranean’s bustling waterfront towns to the south and the Italian Alps to the north. Its authentic atmosphere will enchant you. You will visit the village with its old stone buildings rising on several levels and its narrow alleys, which are a refuge for artists from all over the world. The picturesque piazza with its gothic fountain and stone seats; its historical castle, which stands above the village.

From Apricale to Dolceacqua village by private taxi round trip (5 minutes). Dinner in a typical restaurant of Apricale Village with local specialities.

**Day 2**

Breakfast with fresh local homemade products: jams, cakes, local bread, focaccia, croissants, crepes and more! Meeting with BeautifulLiguria insider at your accommodation. Private transfer all day long.

Tour of Bordighera village and its old part, which was once the place of many illustrious visitors, such as Charles Garnier and Claude Monet, who was inspired here to paint many of his masterpieces. Your special itinerary will be dedicated to the Mediterranean light through exotic gardens, noble villas and visit to the authentic atelier and villa of one of the most famous Italian impressionist painters Pompeo Mariani.
Lunch in a typical trattoria of Bordighera village.

In the Afternoon: Tour of Hanbury gardens and tea with Carolyn Hanbury: close to the French border, in the western part of Liguria, on a promontory sloping down to the sea, there's an area that has a perfect climate all year round. It was so perfect that a gentle Englishman, Sir Thomas Hanbury, decided to make his dream come true right in that area! In 1867, he created one of the most important Italian botanical gardens with exotic plants coming from all parts of the world. The visit to these gardens, which also have amazing views of the blue Mediterranean Sea until the French border, is a must! You'll be enchanted by a wonderful ancient Roman road crossed by Popes and Emperors during the past times and a villa with rare paintings. Finally, you will have the opportunity to meet one of the descendants of Sir Thomas, Ms. Carolyn Hanbury, a lovely English lady, who will be your host for an afternoon tea in her beautiful villa. You will hear her family story while relaxing in an atmosphere of past times!

Dinner in a typical trattoria of Apricale village.

**Day 3**

Breakfast with fresh local homemade products: jams, cakes, local bread, focaccia, croissants, crepes and more!

Check-out Apricale Accommodation. Private transfer from Apricale village to Genoa historical center accommodation (about 2 hours). Check-in Genoa accommodation and meeting with BeautifulLiguria insider. Lunch in a typical trattoria in Genoa historical center with typical ligurian dishes.

Tour of Genoa historical center and old shops with tastings: Visiting Genoa’s medieval center means discovering its ultra-centenarian food shops and boutiques “botteghe storiche” with their unique flavors. You’ll find the old “friggitorie” serving friscieu (fried croquettes filled with herbs), farinata, and fried fresh seafood eaten at the counter or to take away. You’ll discover the prestigious old pastry café where the famous composer Giuseppe Verdi loved to spend his time tasting the pastries and then, the “Pietro Romanengo fu Stefano” old shop. Here you’ll be surprised to discover homemade products such as candied fruits, chocolate, marron glaces (glazed chestnuts), jellies and more made with the same recipe used centuries ago by the “confiseur-chocolatier”. Then, our insider will lead you through the very old district of the Guild of Butchers visiting some typical old butchers, followed by a stop to a Genoese old chocolate factory! The experience continues in a very small boutique, which is the kingdom of scents and flavors of herbs and spices coming from all over the world. Last but not least, you’ll visit a small art nouveau barber shop, a mere 10 square meters but still working.

During your visit, you’ll have the possibility to taste some typical products such as the famous focaccia, farinata, candied fruits and different types of olive oil on bruschettas. Private dinner with locals in Genoa: Imagine entering a resident’s home and eating with local people. Imagine a dinner where the conversation smoothly flows from your travels, to the host’s daily life, to other issues. You have the chance to see the décor, the real Genoese neighborhood, the Italian hospitality. Then, you begin to realize you have much in common with your foreign counterparts and yet much is different as well. We like the fact that this experience is off the main tourism track in Liguria and further being an opportunity to dine together, it is also an opportunity to make friends.
During your dinner you’ll taste the famous ligurian Cappon Magro recipe made by a Genoese.

Day 4

Breakfast in Genoa accommodation with fresh local ingredients and then, meeting with BeautifulLiguria insider at your accommodation.

Transfer by train from Genoa to Santa Margherita Ligure round trip (about 30 min)

Tour of the picturesque villages in the heart of Portofino Natural Park: Santa Margherita, Portofino, Camogli, San Fruttuoso: the tour starts in the picturesque village of Santa Margherita Ligure, once called the “salotto” of the entire Gulf with its tromp d’oeil painted palaces, will fascinate you. You’ll live “la dolce vita” walking in charming villas surrounded by elegant gardens and parks till reaching the small fishing village of Portofino which is now the center of élite tourism. With our insider, you will take the boat and reach San Fruttuoso di Camogli, a tiny untouched village that we consider a pearl of rare beauty and that can be reached just by boat. A Medieval Abbey in S. Fruttuoso village will enchant you. This abbey is also listed in the “FAI: Fondo Ambiente Italiano”, an Italian National Trust. Here you’ll have lunch with typical Ligurian dishes and fresh sea food and relax. With the boat you will dock in Camogli village, you’ll fall in love with this place! The first impression you’ll have at your arrival from the sea is about an infinite line of colorful houses built along the bay.

Dinner in Genoa Historical center in a typical restaurant.

Day 5

Breakfast in Genoa accommodation with fresh local ingredients and then, meeting with BeautifulLiguria insider at your accommodation

Tour of Genoa’s biggest food market and pesto demonstration: a great morning to spend in the biggest food market of Genoa. This market is a food lover’s paradise and you’ll see local people in action in their everyday life. You will be captured by a smell of fresh focaccia and you notice various cheese stalls, meat stalls, bakeries, shops that sell homemade pasta, fresh fish, fruits and vegetables in season. The shopkeepers are friendly and they love to explain the origin of their products and the best way to cook them with simple and tasty recipes. Then, with our insider, you’ll participate in a pesto sauce demonstration done by Roberto, aka The King of Pesto in Genova. He will show you how to make the famous pesto sauce with mortar and pestle, just as the tradition wants. After the pesto demonstration, you will have lunch in his restaurant with typical and genuine Ligurian specialties. Afternoon tour “The Triumph of Art and Culture in the Heart of Genoa Town”: our insider will lead you to discover the largest and most sumptuous noble palace of Genoa town, “The Palazzo del Principe”. Entering the prestigious palace you’ll feel like you’re stepping back in time! The Noble Doria Pamphilj family still uses the rooms when they are in Genova (the family used to live in Rome in another Palazzo). The Emperor Charles V was hosted in the Villa during his official visits and was convinced by Andrea Doria to grant Genoa its independence from the empire! The villa has incredible original frescoes, the tapestries of Alexander the Great are simply breathtaking, the Statue of Neptune is unique, but there’s
more to see! You’ll walk in Via Balbi and Via Garibaldi, a Unesco World Heritage which will leave you speechless. You’ll reach the magnificent Palazzo Reale inhabited by the Savoy dynasty and which has a stunning mirror room. Even Nicole Kidman has shot the film “Grace of Monaco” in this palazzo.

Dinner in the fishing village of Boccadasse. Private transfer from Genoa to Boccadasse restaurant round trip (10 min).

**Day 6**

Breakfast in Genoa accommodation with fresh local ingredients and then, meeting with BeautifuLiguria insider at your accommodation. Private transfer all day long.

Tour of the four medieval villages of Finalborgo, Noli, Varigotti and Verezzi with visit of a chinotto (citrus) grove and tasting: our insider will bring you to discover one of the most rare and precious citrus found in nature, the Chinotto. A bitter orange that grows just in this area of the Italian Riviera and was used in past by sailors for its rich vitamin contents. It is under the wings of the Slow Food Presidia and few producers in the area transform it in delicious jam, candies and liquors, following ancient recipes. The producer Roberto will show you his citrus grove, garden and you’ll hear about his family story and taste its products made in his small laboratory thanks to the expert hands of his wife and daughter in law.

Dinner in Genoa historical center with local specialties.

**Day 7**

Breakfast in Genoa accommodation with fresh local ingredients. Check-out from Genoa accommodation and private transfer from Genoa to Cinque Terre accommodation. Check-in to Cinque Terre accommodation and meeting with BeautifuLiguria insider.

Tour of Cinque Terre: Five small colored fishing villages carved out of the rocky hillsides above the Mediterranean Sea, these are The Cinque Terre. Connected only by paths, boats or trains these lands haven’t changed their traditional architecture and are as they were in past times. They are far away from the traffic and the stress of the cities. Here Mediterranean trees and plants grow up spontaneously representing one of the best preserved natural areas of the Mediterranean, a Unesco World Heritage Site since 1997. The Cinque Terre are not an “all inclusive paradise” tourist resort; we’d like to accompany you in an authentic experience through this area and its people. You’ll visit Riomaggiore with its church and stunning castle; you’ll walk among the famous terraced vineyards of Manarola, the perched village of Corniglia and the picturesque Vernazza with a romantic walk till the capuchin cloister.
Day 8

Breakfast with fresh local products and meeting with BeautifuLiguria insider at your accommodation. Private transfers: taxi boat and taxi.

Tour of Portovenere, Lerici and Tellaro romantic villages in the Gulf of Poets: we love “The Gulf of Poets” in Liguria and we think it is in one of the best spots of Italy. When creating this experience we thought of those of you who want to discover the authentic Italian spots and, why not, also one of the most romantic parts of Liguria! The area surrounded by the Mediterranean vegetation, crystalline sea and infinite horizons will be the perfect frame of this tour. Romantic villages rich in history, which have inspired poets, writers such as Byron and Shelley! Your background during this experience will be labyrinths of pink and yellow colored houses, narrow alleyways, scenic island views, charming harbors and breathtaking cliffs. A special stop to the beautiful and untouched Tellaro sea village is the icing on the cake. The magic atmosphere of this little town will leave you speechless. Despite the charming and romantic village having recently been awarded “Borghi più belli d’Italia”, listing it among the 100 most beautiful villages in Italy, it is a gem off the beaten path and has remained very peaceful.

Lunch in Portovenere or Lerici village. Dinner in a typical restaurant of Cinque Terre.

Day 9

Breakfast with fresh local products and meeting with BeautifuLiguria insider at your accommodation. Private transfer all day long.

Hiking and tastings in the Colline del Sole (Between Liguria and Tuscany) and Marble cave tour: an experience where you get the best from both regions: Liguria and Tuscany! With our insiders, you’ll take an easy hike through the vineyards on sweet hills, paths rich in history and learn more about the culinary traditions of these places. You’ll enjoy breath-taking landscapes: on one side you’ll have The Apuan Alps and the beautiful Carrara Marble Caves and on the other the Mediterranean Sea and the view of the beautiful Tuscany. Along the way you’ll meet local producers and taste their products such as salami, cheese and focaccia in a location with spectacular views. Then, you’ll hear more from a local expert about the olive oil production while visiting the olive groves and tasting some of their products. In addition, to end this experience in a great way, we’ll take you to a truly unique location. We’ll take you down into the center of the Apuan Alps to discover the Carrara Marble Caves. The place is almost lunar in appearance and you’ll be enchanted by the stunning places where Michelangelo personally chose his marble blocks to sculpt.

Dinner in Cinque Terre typical restaurant.

Day 10

After breakfast, check-out and private transfer to Pisa Airport.

Arrivederci!
7 Days Trip: 7 Days to Discover the Italian Riviera

Day 1

Arrival to Pisa Airport and private transfer from Airport to Cinque Terre Accommodation. Check-in Cinque Terre Accommodation and meeting with BeautifuLiguria Insider.

Welcome with tastings and Wine in Cinque Terre, Manarola: on a terrace of a local house in Cinque Terre and in a relaxing atmosphere you'll have an aperitif tasting a great Cinque Terre doc wine and sciachetrà wine together with a delicious buffet made of fresh and good quality products and traditional recipes such as torta di riso, vegetable pies, focaccia, local anchovies, different cheeses, testaroli with pesto sauce and more!

Dinner in a typical restaurant in Cinque Terre.

Day 2

Breakfast with fresh local products and then, meeting with BeautifuLiguria insider.

Tour of Cinque Terre: Five small colored fishing villages carved out of the rocky hillsides above the Mediterranean Sea, these are The Cinque Terre. Connected only by paths, boats or trains these lands haven’t changed their traditional architecture and are as they were in past times. They are far away from the traffic and the stress of the cities. Here Mediterranean trees and plants grow up spontaneously representing one of the best-preserved natural areas of the Mediterranean, a Unesco World Heritage Site since 1997. The Cinque Terre are not an “all inclusive paradise” tourist resort; we’d like to accompany you in an authentic experience through this area and its people. You’ll visit Riomaggiore with its church and stunning castle, you’ll walk among the famous terraced vineyards of Manarola, the perched village of Corniglia and the picturesque Vernazza with a romantic walk till the capuchin cloister.

Dinner in a typical restaurant of Cinque Terre.

Day 3

Breakfast with fresh local products and meeting with BeautifuLiguria insider at your accommodation. Private transfers: taxi boat and taxi.

Tour of Portovenere, Lerici and Tellaro romantic villages in the Gulf of Poets: we love “The Gulf of Poets” in Liguria and we think it is in one of the best spots of Italy. When creating this experience we thought of those of you who want to discover the authentic Italian spots and, why not, also one of the most romantic parts of Liguria! The area surrounded by the Mediterranean vegetation, crystalline sea and infinite horizons will be the perfect frame of this tour. Romantic villages rich in history which have inspired poets, writers such as Byron and Shelley! Your background during this experience will be labyrinths of pink and yellow colored houses, narrow alleyways, scenic island views, charming harbors and breathtaking cliffs. A special stop to the beautiful and untouched Tellaro sea village is the icing on the cake. The magic atmosphere of this little town
will leave you speechless. Despite the charming and romantic village having recently been awarded “Borghi più belli d’Italia” listing it among the 100 most beautiful villages in Italy, it is a gem off the beaten path and has remained very peaceful.

Lunch in Portovenere or Lerici village.

Dinner in a typical restaurant of Cinque Terre.

**Day 4**

Breakfast in Cinque Terre with fresh local products and check-out. Private transfer from Cinque Terre to Genoa historical center accommodation. Check-in at Genoa accommodation and meeting with BeautifuLiguria insider.

Lunch in a typical trattoria in Genoa historical center with typical ligurian dishes.

Tour of Genoa historical center and old shops with tastings: Visiting Genoa’s medieval centre means discovering its ultra-centenarian food shops and boutiques “botteghe storiche” with their unique flavors. You’ll find the old “friggitorie” serving friscieu (fried croquettes filled with herbs), farinata, fried fresh seafood eaten at the counter or to take away. You’ll discover the prestigious old pastry café where the famous composer Giuseppe Verdi loved to spend his time tasting the pastries and then, the “Pietro Romanengo fu Stefano” old shop. Here you’ll be surprised to discover homemade products such as candied fruits, chocolate, marron glaces (glazed chestnuts), jellies and more made with the same recipe used centuries ago by the “confiseur-chocolatier”. Then, our insider will lead you through the very old district of the Guild of Butchers visiting some typical old butchers, followed by a stop to a Genoese old chocolate factory! The experience continues in a very small boutique, which is the kingdom of scents and flavors of herbs and spices coming from all over the world. Last but not least, you’ll visit a small art nouveau barber shop, a mere 10 square meters but still working. During your visit, you’ll have the possibility to taste some typical products such as the famous focaccia, farinata, candied fruits and different types of olive oil on bruschettas. Private dinner with locals in Genoa: Imagine entering a resident’s home and eating with local people. Imagine a dinner where the conversation smoothly flows from your travels, to the host’s daily life, to other issues. You have the chance to see the decor, the real Genoese neighborhood, the Italian hospitality. Then, you begin to realize you have much in common with your foreign counterparts and yet much is different as well. We like the fact that this experience is off the main tourism track in Liguria and further being an opportunity to dine together, it is also an opportunity to make friends.

During your dinner, you’ll taste the famous Ligurian Cappon Magro recipe made by a Genoese.

**Day 5**

Breakfast in Genoa accommodation with fresh local ingredients and then, meeting with BeautifuLiguria insider at your accommodation. Transfer by train from Genoa to Santa Margherita Ligure round trip (about 30 min).
Tour of the picturesque villages in the heart of Portofino Natural Park: Santa Margherita, Portofino, Camogli, San Fruttuoso: the tour starts in the picturesque village of Santa Margherita Ligure, once called the “salotto” of the entire Gulf with its trompe d’oeil painted palaces, will fascinate you. You’ll live “la dolce vita” walking in charming villas surrounded by elegant gardens and parks till reaching the small fishing village of Portofino which is now the center of élite tourism. With our insider, you will take the boat and reach San Fruttuoso di Camogli, a tiny untouched village that we consider a pearl of rare beauty and that can be reached just by boat. A Medieval Abbey in S. Fruttuoso village will enchant you. This abbey is also listed in the “FAI: Fondo Ambiente Italiano”, an Italian National Trust. Here you’ll have lunch with typical ligurian dishes and fresh sea food in San Fruttuoso di Camogli restaurant and relax. Welcome to paradise! With the boat you’ll dock in Camogli village, you’ll fall in love with this place! The first impression you’ll have at your arrival from the sea is about an infinite line of colorful houses built along the bay.

Dinner in Genoa Historical center in a typical restaurant.

Day 6

Breakfast in Genoa accommodation with fresh local ingredients and then, meeting with BeautifuLiguria insider at your accommodation. Private transfer all day long.

Tour of the four medieval villages of Finalborgo, Noli, Varigotti and Verezzi with visit of a chinotto (citrus) grove and tasting: our insider will bring you to discover one of the most rare and precious citrus found in nature, the Chinotto. A bitter orange that grows just in this area of the Italian Riviera and was used in past by sailors for its rich vitamin contents. It is under the wings of the Slow Food Presidia and few producers in the area transform it into delicious jam, candies and liquors, following ancient recipes. The producer Roberto will show you his citrus grove, garden and you’ll hear about his family story and taste its products made in his small laboratory thanks to the expert hands of his wife and daughter in law.

Dinner in Genoa historical center with local specialties.

Day 7

Breakfast in Genoa with fresh local products and check-out.

Private Transfer from Genoa accommodation to Genoa Airport

Arrivederci!

Please, see The Liability Disclaimer form that follows.
Liability Disclaimer

The Italian Cultural Society of Washington DC Inc. (ICS) does not provide liability insurance for the protection of individuals who may participate in the Discover Liguria and its people course, in US and abroad.

In consideration for your participation in said course, the individual does hereby release and forever discharge the ICS, and its officers, board, and employees, jointly and severally from any and all actions, causes of actions, claims and demands for, upon or by reason of any damage, loss or injury, which hereafter may be sustained by participating in the course, in the US and abroad.

This release extends and applies to, and also covers and includes, all unknown, unforeseen, unanticipated and unsuspected injuries, damages, loss and liability and the consequences thereof, as well as those now disclosed and known to exist.

I hereby agree to indemnify ICS and its officers, board and employees, joint and severally from any and all actions, causes of actions, claims and demands for, upon or by reason of any damage, loss or injury, which hereafter may be sustained by participating in the course, in the US and abroad.

It is further understood and agreed that said participation in the Discover Liguria and its people course is not to be construed as an admission of any liability and acceptance of assumption of responsibility by the Italian Cultural Society of Washington DC (ICS), its officers, board, and employees, jointly and severally, for all damages and expenses for which the individual, becomes liable as a result of any alleged act in US and abroad.

Name of Organization: The Italian Cultural Society of Washington DC, Inc.

Address: 4827 Rugby Ave., Suite 301 - Bethesda, MD 20814, USA

Name of individual: __________________________________________

Address and phone: __________________________________________

Email address: ______________________________________________

Signature: ___________________________________________________

Date: _______________________________________________________

All participants must complete this Liability Disclaimer to be eligible to participate in the course.
**Travelling abroad**

All individuals are responsible for travelling to and from Liguria. The Italian Cultural Society does not provide tickets and all individuals are responsible for buying their own air tickets. All participants will be met at the Nice-Cote D’Azur Airport where arrangements have been made for private transfer from Nice Airport to your accommodations.

All individuals are responsible for the documents required to enter EU and Italy. US citizens require only a valid US Passport, no visa is required. If you are not an US citizen, please check with the Italian Embassy, Consular Office if you require a visa to enter the EU and Italy. The Italian Cultural Society does not provide passport or visa assistance; each individual is responsible for providing his/her own documents at the EU port of entry.

**Health insurance/Health emergency**

The Italian Cultural Society strongly recommends that travelers buy health insurance before leaving the US. In case of health emergency, assistance in Liguria will be provided through BeautifulLiguria.

I read and understood the paragraphs above: *Travelling abroad* and *Health insurance/Health emergency*.

Name of individual: ____________________________________________

Signature: ____________________________________________________

Date: _________________________________________________________